

P.S.H.E Overview

	Nursery	Reception	Year 1	Year 2	Year 3	Year 4	Year 5	Year 6
Autumn 1	Following rules. Playing with others.	New beginnings/ routines and friendships	Physical health and well-being <i>Fun times</i>	Physical health and well-being <i>What keeps me healthy?</i>	Drug, alcohol and tobacco education <i>Tobacco is a drug</i>	Identity, society and equality <i>Democracy</i>	Physical health and well-being <i>In the media</i>	
Autumn 2	Conflict and solutions without adults.	Dealing with feelings	Keeping safe and managing risk <i>Feeling safe</i>	Mental health and emotional well-being <i>Friendship</i>	Keeping safe and managing risk <i>Bullying- see it stop it</i>	Drug, alcohol and tobacco education <i>Making Choices</i>	Identity, society and equality <i>Stereotypes, discrimination and prejudice</i>	Mental health and emotional well-being <i>Healthy Minds</i>
Spring 1	Confidence/ relationship building.	Going for goals through board games	Identity, society and equality <i>Me and others</i>		Mental health and emotional well-being <i>Strengths and challenges</i>	Physical health and well-being <i>What is important to me?</i> *Online safety and awareness unit*	Keeping safe and managing risk <i>When things go wrong</i>	Drug, alcohol and tobacco education <i>Weighing up risk</i>
Spring 2	Select and use resources. Community membership	Good to be me/facial expressions	Drug, alcohol and tobacco education <i>What do we put into and onto bodies?</i>		Identity, society and equality <i>Celebrating Difference</i>	Keeping safe and managing risk <i>Playing Safe</i>	Mental health and emotional wellbeing <i>Dealing with feelings</i>	Identity, society and equality <i>Human rights</i>
Summer 1	Conflict resolution	Relationships	Mental health and emotional well-being <i>Feelings</i>	Keeping safe and managing risk <i>Indoors and outdoors</i>	Careers, financial capability and economic wellbeing <i>Saving, spending and budgeting</i>		Drug, alcohol and tobacco education <i>Different influences</i>	Careers, financial capability and economic wellbeing <i>Careers Carousel</i>

Summer 2	Vocabulary associated with feelings	Changes/transition to Year 1	Careers, financial capability and economic wellbeing My Money	Drug, alcohol and tobacco education Medicines and me	Physical health and well-being What helps me choose?		Careers, financial capability and economic wellbeing Borrowing and earning money	Keeping safe and managing risk Keeping safe -out and about
RSE			The school is following “A Journey in Love” scheme for RSE which has been approved by the Archdiocese and governors.					