

St Austin's RC Primary School: a guide to Journey in Love (RSHE)

This guide for parents and carers outlines how the programme is organised and what is covered in each year group.

How will we organise lessons?

- Before the programme begins, ground rules are set with the children regarding the kind of positive behaviour expected of every child.
- All children and teachers treat each other with respect; all questions and answers are listened to in a sensitive and sensible manner.
- Any child who behaves inappropriately or attempts to embarrass or hurt another member of the group, will be asked to leave.
- Children may be taught in small groups for some elements of the programme.
- All children will cover the same topics.
- Lessons may include; discussions, presentations, questions, written work, homework.

What if a child asks a difficult question?

- There are specific areas that we feel should not be discussed within the context of our school lessons, e.g. contraception, as we feel that our children are not yet emotionally mature to handle these issues.
- These are all topics which are dealt with at secondary school.
- If a child does ask a question outside the scope of our programme, it will be dealt with in a sensitive and caring manner. We would always ask the child concerned to discuss the issue with their parents.

How can I help?

- By talking with your child at home
- By discussing their work after each lesson
- By listening to any concerns
- By reassuring your child that you are there if they need to talk about anything

- By helping with any homework activities

Can I withdraw my child from the lessons?

Parents have the right to withdraw their children from the non-statutory component of sex education in Year 6. This is where sexual intercourse is taught discretely as part of the physical aspect within Journey In Love, the Archdiocesan recommended resource. Requests for withdrawal should be made in writing and addressed to the headteacher. The headteacher will discuss the request with parents and take appropriate action. Alternative work will be given to pupils who are withdrawn from sex education. Parents do not have the right to withdraw their children from Statutory Relationships Education as set out in the DFE guidance 2020.

<p>Early Years - The wonder of being special and unique Aim: To explore the wonder of being special and unique.</p> <p><u>Learning Intentions:</u> Social & Emotional: To recognise the joy of being a special person in my family. Physical: To recognise that we are all different and unique. Spiritual: To celebrate the joy of being a special person in God's family.</p> <p>Key words: God, wonder, love, hands, fingers, nails, faces, noses, lips, ears, hair, features, colour, shape, size, unique, belonging, different, special womb, describe, friends, generous, worried, Baptism</p>	
<p>Year 1 - We meet God's love in our family Aim: To focus on families and specially growing up in a loving, secure and stable home.</p> <p><u>Learning Intentions:</u> Social & Emotional: To recognise signs that I am loved in my family. Physical: To recognise how I am cared for and kept safe in my family. Spiritual: To celebrate ways that God loves and cares for us.</p> <p>Key words: unique, friend, respect, secure, God, love, care, commitment, stable, important, different, special, signs, healthy, safe, boundaries, kindness, teasing, bullying, positive, negative, wrong, unacceptable, truth, lies, head, eyes, nose, mouth, teeth, tongue, throat, neck, shoulders, arms, breasts, nipple, waist, elbows, penis, vagina, vulva, bottom, anus, legs, knees, ankles, feet, toes.</p>	<p>Year 2 - We meet God's love in the community Aim: To describe how we are growing and developing in diverse communities that are God-given.</p> <p><u>Learning Intentions:</u> Social & Emotional: To recognise the joy and friendship of belonging to a diverse community. Physical: To describe ways of being safe in communities. Spiritual: To celebrate ways of meeting God in our communities.</p> <p>Key words: community, local, global, impact, responsibility, harm, improve, God given, belonging, family, diverse, father, mother, carer, guardian, feelings, recognise, emotions, friendships, relationships, secrets, stereotypes, respect, equal.</p>
<p>Year 3 - How we live in love Aim: To describe and give reasons for how we grow in love in caring and happy friendships where we are secure and safe.</p> <p><u>Learning Intentions:</u> Social & Emotional: To describe and give reasons how friendships make us feel happy and safe. Physical: To describe and give reasons why friendships can break down, how they can be repaired and strengthened. Spiritual: To celebrate the joy/happiness of living in friendship with God and others.</p> <p>Key words: community, God-given, belonging, family, diverse, father, mother, carer, guardian, feelings, emotions, friends, loyalty, kindness, trust, selfless, generous, reasons, difficulties, positive, respectful.</p>	<p>Year 4 - God loves us in our differences Aim: To make links and connections to show that we are all different. To celebrate these differences as we appreciate that God's love accepts us as we are now and as we change.</p> <p><u>Learning Intentions:</u> Social & Emotional: To describe how we all should be accepted and respected. Physical: To describe how we should treat others making links with the diverse modern society we live in. Spiritual: To celebrate the uniqueness and innate beauty of each of us.</p> <p>Key words: God, gifts, talents, difference, development, change, stereotype, acceptance, cultural, biological, respect, courtesy, manners, sensitivity, religious, belief, bullying, polite, uniqueness, innate, beauty, dignity.</p>
<p>Year 5 - God loves me in my changing and development Aim: Show a knowledge and understanding of how we grow in awareness of the physical and emotional changes that accompany puberty – sensitivity, mood swings, anger, boredom etc. and grow further in recognising God's presence in our daily lives.</p> <p><u>Learning Intentions:</u> Social & Emotional: To show knowledge and understanding of emotional relationship changes as we grow and develop. Physical: To show knowledge/understanding of the physical changes in puberty. Spiritual: To celebrate the joy of growing physically and spiritually.</p> <p>Key words: God, sensitivity, puberty, presence, celebrate, external, internal, change, develop, ovulation, biological, respect, reproduction, menstrual cycle, hormones, pituitary gland, uterus, fertilised ovum, fallopian tube, vagina, vulva, cervix, womb, period</p>	<p>Year 6 - The wonder of God's love in creating new life Aim: To develop a secure understanding of what stable, caring relationships are and the different kinds there may be. Focusing on Catholic teaching, children will also know and understand about the conception of a child within marriage.</p> <p><u>Learning Intentions:</u> Social & Emotional: To develop a secure understanding that stable and caring relationships, which may be of different types, are at the heart of happy families. Physical: To explain how human life is conceived. Spiritual: To show an understanding of how being made in the image and likeness of God informs decisions and actions when building relationships with others, including life-long relationships.</p> <p>Key words: God, Christian, appropriate, dignity, sexuality, intercourse, fallopian, conceive, relationship, uterus, cervix, fiancé, fiancée</p>