## **SEL Provision for Schools**

## Package of Support to support SEL

This package has been developed to support St. Helen's schools with Social and Emotional Learning materials that can be offered as part of the home-learning package. While these materials had been originally developed to support schools implementing *The PATHS® Programme for Schools (UK Version)*, the themes of Social and Emotional Learning are relevant to supporting ALL children's positive mental health and well-being.

WC:	Monday	Tuesday	Wednesday	Thursday	Friday
Theme:	SEL Study Guides for Popular Books	SEL Lessons & Activities	SEL Brain Breaks	SEL Activity Sheets	SEL Blogs for Parents & Activities
20 April	Everybody Feels Happy The Worst Witch	Lesson 1 – Self Awareness	22 April – Would I lie to you?	23 April - Roll with SEL	24 April - Self Awareness
27 April	Hamilton's Hats The Midnight Gang	Lesson 2 – Self Management	29 April - Consequences	30 April - SEL word search (4-7yo)	1 May - Pre- School
4 May	Everybody Feels Angry  The Breadwinner	Lesson 3 – Social Awareness	6 May – Noughts and crosses	7 May - SEL Maze	8 May- Self Management
11 May	Snowball The Butterfly Lion	Lesson 4 – Relationship Skills	13 May – Who am i?	14 May - SEL Bingo	15 May - Social Awareness
18 May	Everybody Feels Scared The Lion, the Witch and the Wardrobe	Lesson 5 – Responsible Decision Making	20 May- Hangman	21 May - SEL Sudoku	22 May - Relationship Skills
25 May	Something	Lesson 6 -	27 May -	28 May -	29 May -



	Else Grandpa's Great Escape	Self Awareness	Squiggle	Hide & Seek Emotions	Board Games
1 June	My Big Shouting Day Kensuke's Kingdom	Lesson 7 – Self Management	3 June - Pictionary	4 June - SEL Crossword	5 June - Responsible Decision Making
8 June	Everybody Feels Sad The BFG	Lesson 8 – Social Awareness	10 June – Alphabet Feelings	11 June - Indoor Scavenger Hunt	12 June – Interactive Games
15 June	The Gruffalo The Boy at the Back of the Classroom	Lesson 9 – Relationship Skills	17 June – Hot Potato	18 June - SEL Say What You See	19 June – Self Awareness 2
22 June	Elmer	Lesson 10 – Responsible Decision Making	24 June – Animal Farm	25 June – Spot the Difference	26 June – Self Management 2
29 June	The Rainbow Fish  There's a Boy in the Girl's Bathroom	Lesson 11 – Self Awareness	1 July – Five in a Row	2 July – Dot to Dot	3 July – Social Awareness 2
6 July	Owl Babies The Arrival	Lesson 12 – Self Management	8 July – Feelings board game	9 July – Arrow Word Puzzle	10 July – Relationship Skills 2
13 July	The Gruffalo's Child Under the Hawthorne Tree	Lesson 13 – Social Awareness	15 July – Imagine my world	16 July – Word Search (7-11yo)	17 July – Decision Making 2
20 July	The Colour Monster Goes to School Awful Auntie	Lesson 14 – Relationship Skills	22 July – Chain Reaction	23 July – Word Paths	24 July – SEL Games

